



Medical information



I have epidermolysis bullosa (EB)

EB is a rare genetic condition; any friction can cause my skin to blister and tear.



Please be careful:

- Avoid pressure, friction, and skin rubbing
- Avoid sliding when transferring me
- Avoid sticky dressings/tapes

For more information scan the QR code or visit:
www.nhs.uk/conditions/epidermolysis-bullosa



I am cared for by the EB team at:
Guy's & St. Thomas' Hospital
EB team number: 020 7188 0843



Emergency and out of hours urgent care

Emergencies: call 999

Non-emergencies: call NHS - 111



If additional specialist EB advice is required, a clinician may wish to contact your EB specialist healthcare team or an on-call dermatologist.

