



## I have epidermolysis bullosa (EB)

EB is a rare genetic condition; any friction can cause my skin to blister and tear.

## Please be careful:

- Avoid pressure, friction, and skin rubbing
- Avoid sliding when transferring me
- Avoid sticky dressings/tapes

For more information scan the QR code or visit: www.nhs.uk/conditions/epidermolysis-bullosa



## I am cared for by the EB team at:

Glasgow Royal Infirmary EB team number: 0141 201 6447

**Emergency and out of hours urgent care** 

Emergencies: call 999

Non-emergencies: call NHS - 111

If additional specialist EB advice is required, a clinician may wish to contact your EB specialist healthcare team or an on-call dermatologist.

A charity registered in England and Wales (1084958) and Scotland (SC039654)









