



## Medical information



### **I have epidermolysis bullosa (EB)**

EB is a rare genetic condition; any friction can cause my skin to blister and tear.

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#### **Please be careful:**

- Avoid pressure, friction, and skin rubbing
- Avoid sliding when transferring me
- Avoid sticky dressings/tapes

For more information scan the QR code or visit:  
[www.nhs.uk/conditions/epidermolysis-bullosa](http://www.nhs.uk/conditions/epidermolysis-bullosa)



**I am cared for by the EB team at:**

**Birmingham Women's & Children's Hospital**

**EB team number: 0121 333 8224/8757**



**Emergency and out of hours urgent care**

Emergencies: call 999

Non-emergencies: call NHS - 111

If additional specialist EB advice is required, a clinician may wish to contact your EB specialist healthcare team or an on-call dermatologist.

