

# Introducing DEBRA member services

DEBRA is the national charity and patient support group for people living with or directly affected by epidermolysis bullosa (EB).



Connecting and providing support and opportunities for people of all ages living with all types of EB, their families, carers and specialists throughout the UK.

#### **Our Member Services**

- what's included

- Our Community Support Team who offer information, practical, financial and emotional support, guidance and advocacy.
- DEBRA holiday homes.
- Member support grants.
- Bespoke events.
- Information updates.
- And ways to get involved.



#### Practical and emotional support

## Our Community Support Team are here to support you on the phone, via email, virtually and in person.

- A listening ear or practical support when you need it most.
- Supporting goals and wellbeing.
- Experienced in disability rights and EB, we work with you to be heard.
- From diagnosis onwards, working in partnership with Paediatric & Adult EB Healthcare teams.

### Here for every stage of life

The Community Support Team offer support during times of change and times of difficulty and all the times in between.

- From diagnosis to starting school or college, independent living, employment or bereavement support.
- Help with housing, accessing adaptations, equipment and social care.
- Help to access the services you need.



### Help with finances & benefits

Our Community Support Team share their expertise in benefits and EB to empower you and to increase skills and independence in your finances.

- Support to access the benefits you may be entitled to, including disability benefits.
- Direct payments and other financial help.
- Signposting to other funding options and grant-giving organisations.





# **DEBRA** member grants and discounts

- Grants to improve independence and quality of life for people living with EB.
- Discounts in our charity shops and selected product providers.



#### **Holiday homes for members**

- A choice of beautiful locations around the UK in award winning 5\* parks.
- Designed to be suitable for people living with EB.
- For adult getaways and family breaks.
- Highly discounted.



#### **Connecting the community**

A range of events for members throughout the year.

- Connecting face to face and virtually (online).
- Sharing experiences, hearing from EB experts and discussing topics relevant to EB.
- Enjoying social opportunities and building a sense of community.



# EB updates and information

We share the latest research, news and information about EB via email, newsletters, podcasts, social media and in person.

We have a constantly growing hub of information and resources on our website.

#### **Get involved**

Help guide DEBRA by getting involved in shaping our EB research, support, awareness and lobbying.

- Join our lived experience groups.
- Share your stories and experiences.
- Become a trustee.
  - Volunteer in one of over 100 of our retail stores.
- Support us to raise funds and awareness.

### Free membership

DEBRA membership gives you access to everything on this leaflet (terms & conditions apply).

Find out how to join, make more of your membership or contact us for support.



#### We are here to make a difference

- **01344 771961** (select option 1)
- membership@debra.org.uk
- communitysupport@debra.org.uk
  - www.debra.org.uk/membership