

# Connect your wearable



**Manually Entering Miles:** If you'd rather input your miles manually, it's easy to do so. After logging in to the platform, navigate to the left-hand side and select "My Activities." From there, choose "Add New Activity" and input the miles you've completed.

**Connecting Wearable Devices:** You can link your compatible wearable - Fitbit, Garmin, or Google Fit to the 80 Days Global platform

**a. For Fitbit or Garmin Users:** Follow the instructions below and sync your device with the platform.

**b. For Google Fit Users:** If you don't have a Fitbit or Garmin, download Google Fit on your phone. Make sure to have a Google (Gmail) account. Download Google Fit before proceeding with the instructions below.

STEP

01



## Register

Register to take part in your team's 80 Days Global challenge. Pay the £14.99 registration fee.

STEP

02



## Enter

Enter your team's unique code

STEP

03



## Connect

If you're using a compatible wearable device, select "Connect device." If you prefer to enter your miles manually, simply wait for the challenge to start.

STEP

04



## Step by Step

If you opted to connect your wearable, follow the steps to "Connect with Terra." Then, proceed with the connection wizard and select your preferred method to link to the 80 Days Global platform.

STEP

05



## Ready

Once you've successfully synced your device, you're ready to begin the challenge. In the "waiting room," you'll see the countdown to the start of your challenge and the number of team members. Ready, set, go!