



MEDICAL INFORMATION

I have Epidermolysis Bullosa (EB)

EB is a rare genetic condition; any friction can cause my skin to blister and tear.

Please be careful:

- Avoid pressure, friction & skin rubbing
- Avoid sliding when transferring me
- Avoid sticky dressings/tapes

For more information scan QR code or visit:

www.nhs.uk/conditions/epidermolysis-bullosa



EB team/consultant contact details:

Name: _____

EB team number: _____

Emergency & out of hours urgent care

Emergencies: call 999

Non-emergencies: call NHS - 111

If additional specialist EB advice is required,
a clinician may wish to contact your EB team
or an on-call dermatologist.