



Sporting Activities



DEBRA Sporting Activities



Run:



Greater Manchester Marathon
Sunday 29 April
Manchester

Great Manchester Run - 10k
Sunday 20 May
Manchester City Centre

BUPA 10,000 - 10k
Sunday 27 May
London

Edinburgh Marathon Festival
Saturday & Sunday 26/27 May



Great North Run
Sunday 16 September
Newcastle Gateshead

Great South Run
Sunday 28 October
Southsea, Portsmouth

adidas Silverstone Half Marathon
March 2013
Northampton

Virgin London Marathon
April 2013
London

Other Activities:

There are lots of other sporting activities in which you can take part in - Are interested in Overseas Treks? Are you a keen Golfer or do you enjoy Clay Pigeon Shooting? Or perhaps you are organising your own Sporting Activity for DEBRA and would like a fundraising pack?

Walk:



DEBRA Day & 'Get a Blister'
Sponsored Walk at Denbies
Sunday 1 July
Surrey

Yorkshire Peaks Challenge
Saturday 1 September
Yorkshire Dales

Jurassic Coast Trek
Friday 14 - Sunday 16 September
Dorset

London Bridges Walk
Sunday 7 October
London

Cycle:



London-Paris Cycle Ride
21-24 June
Esher to Paris

DEBRA Surrey Cycle
Sunday 13 May
Surrey Hills

Other :



It's a Knockout
Sunday 14 July
Sandhurst Memorial Park - Berkshire

Contact the Fundraising team at events@debra.org.uk
or call 01344 467 785



Living with EB:



Above Harry Churchill
Courtesy of *The Daily Eco*

Harry has Epidermolysis Bullosa (EB). EB is a genetic condition which causes the skin to blister and come off at the slightest friction, or even spontaneously.

Some parents would consider a quiet baby a blessing, but for Steph and Chris it's another reminder that there's something different about their son Harry.

Harry will soon be 3 years old and EB has already claimed the top of his windpipe. He needs a tracheostomy to breathe. As a result no air passes across his vocal chords, so there is no sound when he cries in pain or laughs with delight.

Harry's type of EB causes blistering throughout the body and can be fatal in the first few months of life, but Harry is defying the odds and battling against this cruel condition.

Harry's mum Steph tells us: *"He is a happy, super little boy. So brave. His EB has taken all his fingers and toe nails and most of him is blistered—the back of his head, areas of his face, ears, mouth and belly. Despite all his pain Harry smiles all the time and we are so proud to have him as our son."*

Thank you for taking the time to read about Harry.

By taking part in a DEBRA Sporting Activity you will be helping children and families like Harry's.

**If you would like to take part in a sporting activity
please contact the Fundraising team on
01344 467 785
events@debra.org.uk
www.debra.org.uk**